

A close-up photograph of a brown basketball with black lines, resting on a wooden gymnasium floor. The floor has black court lines. The background is dark.

Libertyville Lady Cats

Parent Meeting

2018/2019 Season

Topics

- Introductions
- Program Overview
- Season Information
- Staying Connected
- Q&A

Lady Cats Mission Statement



- Provide the Libertyville community with a developmental basketball program that prepares girls to play basketball for Libertyville High School. We will reinforce experiences required to be an effective member of a team, such as:
 - Leadership
 - Sportsmanship
 - Responsibility
 - Competing and never giving up
 - Managing challenges and adversity
 - The value of being a good teammate
- Enable the DARING Mission for D128
 - Dream / Do
 - Aware
 - Resilient and Healthy
 - Inquisitive
 - Nimble
 - Global



The Mission of Community High School District 128 is to develop graduates who are



Students explore and discover personal journeys to meaningful post-secondary pursuits.

"Success is loving life and daring to live it."
Maya Angelou



Definition of Success – Program

- Being community & volunteer driven is a foundational principle of Lady Cats
- We are a member of NIGFBA (Northern Illinois Girls Feeder Basketball Association), and will play in conference games and select tournaments for additional experience / competition
 - Other local programs that we play – Mundelein, Stevenson, Vernon Hills, Lake Forest, etc.
- Position the girls to be as successful in basketball as they can and have the drive to be, ultimately with the goal of playing for Libertyville High School.
- Look for ways to continue to make the program better year over year
- Have Fun and make it a great experience for the players

Definition of Success – Philosophy

- As a developmental program, we emphasize competing to the best of our ability. Winning is a likely outcome of hard work and improving. We are emphasizing learning to *compete*; this means we need your help:
 - When We Win – We celebrate and learn from why we won as a team
 - When We Lose – We celebrate our effort and learn from why we lost
- Parents, Players and Coaches are equally committed to the success of Lady Cats and their teams.
- Players are accountable for their effort, attitude, focus, and desire to improve. We will look to develop this skill as players move through the program to additionally support their readiness for High School Athletics
- A player's desire to compete and be a good teammate influences their playing time as they mature in the program (5th even time developing to 8th where playing time is earned)
 - Players get equal playing time in practice – that's where you develop – games are a chance to share what you've learned and how you're growing

Definition of Success – Coaching

- **Leadership**

- Leadership (both by example and being the Coach that the kids will follow)
- Be an ambassador of the Lady Cats Program on and off the court
- Be Approachable to kids and parents
- Show an interest in the developmental progress of your team

- **Player Development**

- Constructive feedback delivered in a way that kids can process and act on for improvement areas

- **Player Experience**

- Develop a love for the game – help the kids find their passion for basketball
- Strong player / coach relationships that celebrate successes and help learn from failures

- **Drive a Fighting Spirit in Your Teams**

- Never quit
- Winning is a desirable outcome; COMPETING is the most important thing – learn thru losses and exhibit true sportsmanship

- **Practice**

- Practices are organized and follow a plan to build the team (work with what you have and build upon it)
- Teams should be well conditioned and have 4th Quarter legs and awareness
- Core skill work should be part of every practice

- **Games**

- Manage game situations effectively – no need to win by 50 points
- Adjust playing time to game situations appropriate for the grade level
- Effectively manage bench conduct – no profanity, ejections, etc.

Evolving Players & Teams – What the Experience is Like in 5th

- Some have never played competitive sports
- Basketball may be totally new
- Only some of the rules are understood
- Some great questions 5th Grade players asked last year:
 - “Why can’t I just run with the ball – it’s easier....”
 - “Do we get a snack after practice?”
 - “Do I have to use the backboard? Why is it there – I don’t need it!”
 - “Why do we have to play man to man if we’re girls?”

Skills	Offense	Defense	Teamwork	Game Experience
Dribbling; get your head up	Understanding Basic Plays	Man-to-man	Fitness	Equal Playing time over the season
Passing correctly	In-bounds play	Basics of Help Defense	Seeing the court	Respecting the Referees
Shooting – primarily lay-ups	Fast break; understand tempo	Keeping your hands up	Learning where you need to be	Sportsmanship
Basic Rebounding	Setting Screens	4 th Quarter Press (situational)	Understand basic game situations	Understanding the rules

Focus on the Fundamentals, Being a Good Team Mate, and Discover the Game

Playing Time

- **100% Playing Time in Practice** – that's where you learn, games showcase what you've learned
- **As a developmental organization, we want to prepare the kids for playing high school basketball at LHS, where playing time is 100% earned.**
- **Put the kids in a position in games to compete leveraging what they've learned**
- **We move to this model gradually as the kids age, i.e. in 5th Grade, we strive for equal playing time. In 8th, it grows to a higher percentage of earned time.**
- **Factors influence this:**
 - **Coaches discretion**
 - **Attendance**
 - **Game situations**
 - **Player attitude**
 - **Competition**
 - **Team Size**

Lady Cats Season

- Tryouts 10/21 & 10/25
- Teams Posted 10/26 or 10/27; introductions on 10/29
- First Practice is 11/5 thru early March (NIGFBA end of Season Tournament before Spring Break)
- 30 + Games
 - Divisional NIGFBA games
 - Tournaments (Palatine, Wisconsin Dells, others)
- Practices are typically M-W-F
 - Likely start @ 6:30 PM – schedule is still being worked
- Practice Locations – LHS, Libertyville Sports Complex, Libertyville Schools
 - Team Snap is updated regularly with schedules and locations of practices and games
- Lady Cats Tournament January 13th
- Wisconsin Dells Tournament – January 26th
- End of Season Banquet & Awards

Tryout Process

- **Logistics**
 - Two tryout dates
 - Attendance at both is required (if you are sick, injured, etc. and miss a session it's coaches discretion on placement)
 - If for some reason you can't attend one of the sessions, alert the coaches when you go inside the gym
- **Process**
 - Players will receive numbered jerseys the first tryout day. Players need to wear this same jersey for BOTH tryouts.
 - Players are evaluated by independent evaluators as well as Coaches on standard basketball skills (passing, dribbling, shooting, defense, etc.) as well as intangibles like intensity, work ethic
- **Confirmation of Placement / Registration**
 - Parents of will be notified via email based of their child's status
 - Registration for the season will be sent via email as well
 - Uniforms need to be ordered by 10/29 – Sports11 (PLEASE note this quick turnaround)

Summary of What Parents Need to Do

- Like us on Facebook and Twitter
 - Proactive thru social media (www.facebook.com/libertyvilleladycats); Twitter @lvilleladycats
 - Visit our website at www.libertyvilleladycats.org.
- Complete registration process post tryouts (instructions will be posted on FB / on our website)
 - Fees - \$630 for the season, NEW Lady Cat uniforms this year (approximately \$130) for everyone in the program
- Early arrival at tryouts (be patient, please feel free to ask questions)
- Accept team placement thru email (lvilleladycats@gmail.com) after tryouts
- Get kids to practice / games on time (per Coaches' expectation)
- Be a great fan of the kids
- Support LHS



QUESTIONS?



THANK YOU !!!!